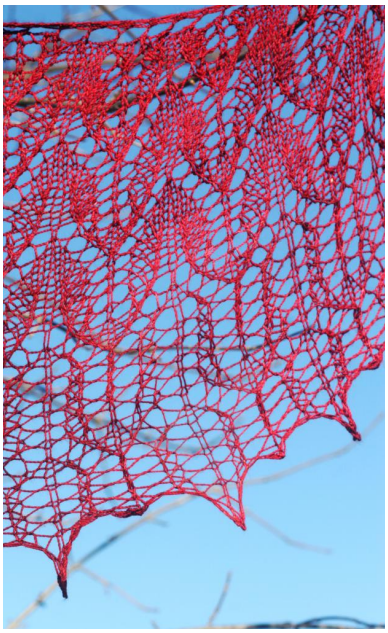
SACRE COEUR

Named for the beautiful forms of the famous Parisian cathedral, and also for the beauty of a heart that is full of love.

Work an optional stockinette or garter section to any size, or an all over lace shawl, as you prefer.
Sizing is adaptable: both the arches and the stained glass edging can be continued until the yarn runs out..
Beading optional.

Specifications:

- Sizing is adaptable to any yardage of lace to DK weight.
- Gauge, needles, and beads will vary with yarn weight.
- Pictured shawl used 180m (200y) Madelinetosh Tosh Sock on 4.00mm (US size 6) and 4.5mm (US 7) needles and measures approx. 45 x 140cm (18 x 55 in) blocked.





© Copyright 2014, Nim Teasdale.

Notes

- All RS rows begin with (K2, KYOK), and end with (KYOK, K2).
- All WS rows begin with (K2, YO), and end with (YO, K2).
- Knit garter tab very loosely to avoid the dreaded 'hump' which can occur at cast on point.
- It may be helpful to mark RS with a marker if working plain section in garter.
- Remember to allow enough yarn for the yarn-eating picot edging.
- Bead placement is marked in red. The number of beads required will depend on the size of the shawl.

Key:

K	knit
P	purl
YO	yarn over
K2tog	knit 2 stitches together knitwise: a right leaning decrease
KYOK	knit, yarn over, knit, all in the same stitch: double increase
SSK	slip 1 knitwise, repeat, knit both together: a left leaning decrease
SK2P	slip 1, knit 2 together pass slipped st over: a double decrease
St(s)	stitch(es)
RS	right side
WS	wrong side
BO	bind off

Directions

To begin, either cast on 9 sts, then work the row described beside the third bullet point below

Or make a garter stitch 'tab' as follows:

- Cast on 2 sts. Working very loosely, knit 10 rows in garter stitch to make the tab.
- On the last row do not turn the work, instead rotate it 90 degrees clockwise and with left needle pick up 1 st from each garter loop and knit onto right needle so that you have the original 2 edge sts and 5 picked up sts now on the needle. Rotate 90 degrees again, pick up and knit 2 sts. (9 sts)
- K2, YO, P5, YO, K2. (11 sts)

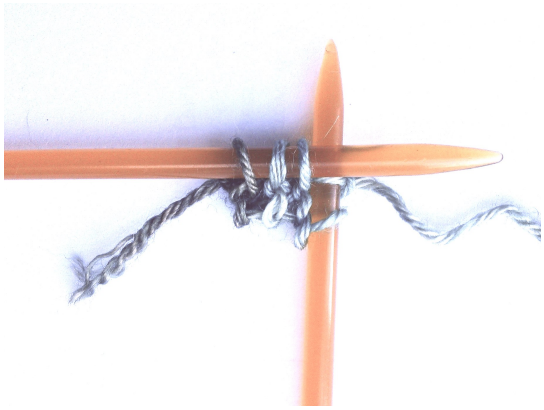


Figure 1: Garter tab

© Copyright 2014, Nim Teasdale.

Plain Section (Chart 1)



Row 1: (K2, KYOK), K to last 3 sts, (KYOK, K2). (15)

Row 2: (and all WS rows) (K2, YO), p to last 2 sts

(or knit for garter) (YO, K2). (17)

Repeat these two rows, until you have knit to a suitable row (the total stitch count required to begin row 1 of the lace section must end in 7 - see box below.)

Sizing note:

The size and structure of the shawl is adaptable. Both the Arch lace and the Stained Glass lace sections can be repeated as many times as desired. Row 1 of the arch lace section begins on a stitch count of multiples of 10+7, which occurs *at the end* of all WS rows ending in 2, e.g.:

Row 2 (17sts)	52 (167 sts)	102 (317 sts)	157 (467 sts)
12 (47 sts)	62 (197 sts)	112 (347 sts)	167 (497 sts)
22 (77 sts)	72 (227 sts)	127 (377 sts)	177 (527 sts)
32 (107 sts)	82 (257 sts)	137 (407 sts)	187 (557 sts)
42 (137 sts)	92 (287 sts)	147 (437 sts)	197 (587 sts)

These numbers represent the stitch count (including border sts) at the end of each WS row after which the lace pattern can begin.

In the pictured shawl, lace began lace after row 2, followed by 3 complete repeats of the Arch lace plus the extra repeat of rows 1-8, and one and a half repeats of the edging lace, binding off on WS row 10.

© Copyright 2014, Nim Teasdale.

Arch Lace Section (Chart 2)

Row 1 (K2, KYOK), ***B**, YO, K2, K2tog, K1, SSK, K2, YO, repeat from * until last 4 sts, **B,** (KYOK, K2). Red sts indicate a beaded K1.

Row 2 **And all WS rows.** (K2, YO), P to last 2 sts, (YO, K2).

Row 3 (K2, KYOK), K1, K2tog, YO, ***B**, YO, K2, K2tog, K1, SSK, K2, YO, repeat from * until last 7 sts, **B**, YO, SSK, K1, (KYOK, K2).

Row 5 (K2, KYOK), K2, SSK, K2tog, YO, ***B**, YO, SSK, K2tog, YO, repeat from * until last 10 sts, **B**, YO, SSK, K2tog, K2, (KYOK, K2).

Row 7 (K2, KYOK), K2tog, YO, K3, YO, SSK, K1, *K2, K2tog, YO, K3, YO, SSK, K1, repeat from * until last 12 sts, K2, K2tog, YO, K3, YO, SSK, (KYOK, K2).

Row 9 (K2, KYOK), K1, *K1, K2tog, YO, K5, YO, SSK, repeat from * until last 5 sts, K2, (KYOK, K2).

Row 11 (K2, KYOK), K3, YO *SK2P, YO, K7, YO, repeat from *until last 9 sts, SK2P, YO, K3, (KYOK, K2).

Row 13 (K2, KYOK), K3, SSK, K2, YO ***B**, YO, K2, K2tog, K1, SSK, K2, YO, repeat from * until last 11 sts, **B**, YO, K2, K2tog, K3, (KYOK, K2).

These 14 rows can be repeated until shawl reaches desired size. **Before transitioning** to the edging lace, repeat rows 1-8, then begin row 1 of edging chart 3 instead of row 9 of arch lace.

Increase needle size when starting edging.

© Copyright 2014, Nim Teasdale.

Stained Glass Edging (Chart 3)

Increase needle size when starting edging.

Row 1 (K2, KYOK), K1, *K1, (K2tog,YO)x2, **B**, (YO, SSK)x2, repeat from *until last 5 sts K2, (KYOK, K2). Red sts indicate a beaded K1.

Row 2 **And all WS rows.** (K2, YO), P to last 2 sts, (YO, K2).

Row 3 (K2, KYOK), K3, YO, *SK2P, YO, K2tog, K1, YO, **B**, YO, K1, SSK, YO repeat from * until last 9 sts, SK2P, YO, K3, (KYOK, K2).

Row 5 (K2, KYOK), K2, (YO, K1)x2, SSK, YO, *SK2P, YO, K2tog, K1, YO, **B**, YO, K1, SSK, YO, repeat from * until last 12 sts, SK2P, YO, K2tog, (K1, YO)x2, K2, (KYOK, K2).

Row 7 (K2, KYOK), YO, *SK2P, YO, K2tog, K1, YO, **B**, YO, K1, SSK, YO repeat from * until last 6 sts, SK2P, YO, (KYOK, K2).

Row 9 (K2, KYOK), K1, SSK, YO, *SK2P, YO, K2tog, K1, YO, **B**, YO, K1, SSK, YO, repeat from * until last 9 sts, SK2P, YO, K2tog, K1, (KYOK, K2).

Row 11 (K2, KYOK), K2, SSK, K2tog, YO, *K1, YO, SSK, K2tog, YO, repeat from * until last 10 sts, K1, YO, SSK, K2tog, K2, (KYOK, K2).

Row 13 (K2, KYOK), K2tog, YO, K3, YO, SSK, K1, *K2, K2tog, YO, K3, YO, SSK, K1, repeat from * until last 12 sts, K2, K2tog, YO, K3, YO, SSK, (KYOK, K2).

Rows 1 - 14 can be repeated to extend edging to preferred length.

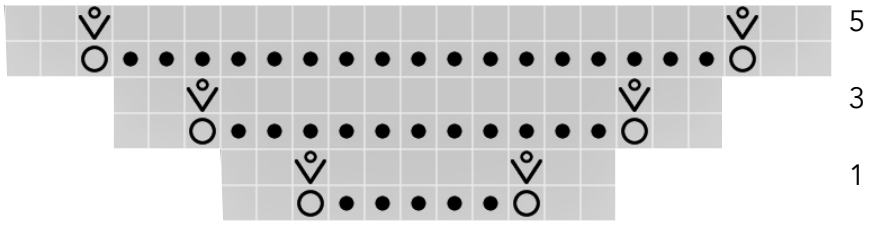
Bind off loosely in knit on WS. For picot finish as pictured, bind off 8 stitches, make 3 sts, bind off 8 (the 3 new ones, and 5 previous sts) continue to make 3, bind off 8, ad nauseum.

Block with joyful enthusiasm. :D

Thank you for choosing this pattern. Please feel free to contact me with questions or comments by emailing me at nim.teasdale@gmail.com. For more info see www.littlehouseonthehill.wordpress.com, or visit the Nimble Knits group www.ravelry.com/groups/nimble-knits for knitting-related help.

© Copyright 2014, Nim Teasdale.

SACRE COEUR



Key

- Knit
- Purl
- K2tog
- SSK
- YO
- SK2P
- KYOK
- Bead

Chart 1 - Plain section. Repeat first two rows until ready to begin lace section. Purl WS rows for stockinette, or knit for garter.

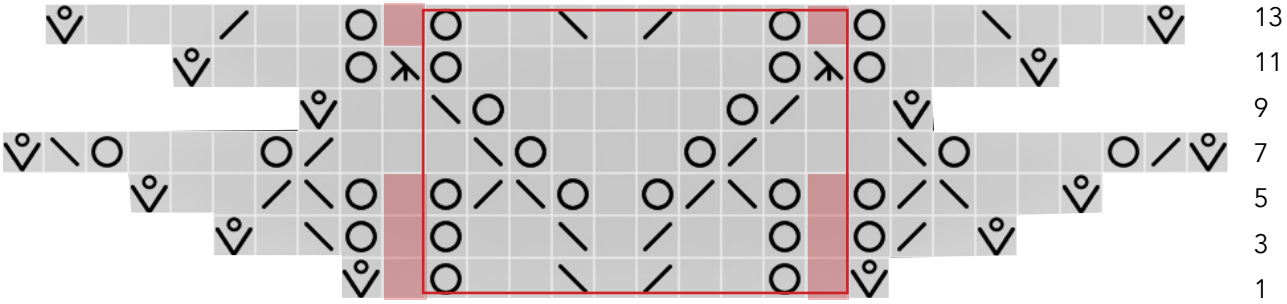


Chart 2 - Lace section. Begin this 14 row chart after any WS row ending in 2 (stitch count will end in 7, including edge sts) - see box on p.3. Coloured box shows repeat.
Work all WS rows as per chart 1, and continue to use border sts on all rows (not pictured).

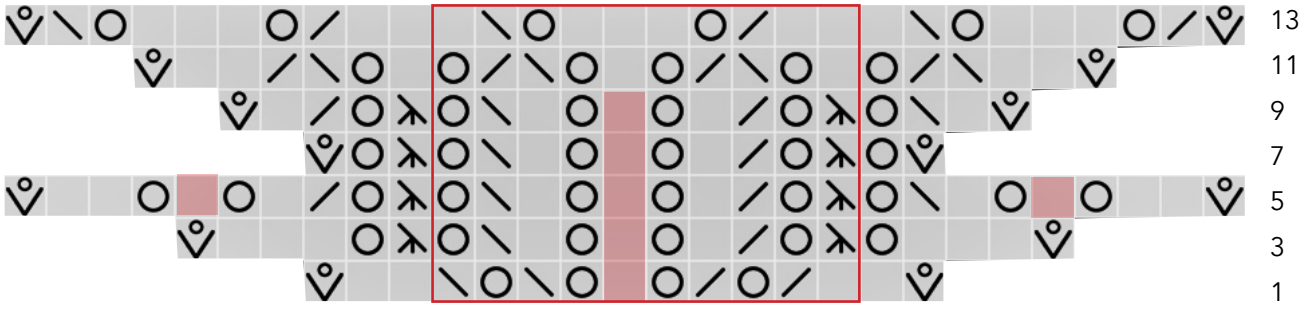


Chart 3 - Edging lace. Begin this chart **after completing row 8** of chart 2.
Increase needle size when beginning edging.
Chart can be repeated to extend edging. BO stretchily on WS after any row.

© Copyright 2014, Nim Teasdale.