Aran Cable Adult Sweater

Designed By Noelle Stiles

Photos





Materials
Five to seven skeins of Cotton Fair by Premier Yarns, Fine (2), Color: Baby Blue (1585-2219 total yards)

Supplies
3.75 mm Crochet Hook, US F5

Sweater dimensions
Small: 17 inches wide (double number for circumference), 20.5 inches long, and 7.25 inches armhole depth (size in picture)
Medium: 19 inches wide (double number for circumference), 20.5 inches long, and 7.25 inches armhole depth.
Large: 21 inches wide (double number for circumference), 20.5 inches long, and 7.25 inches armhole depth.

The instructions are written for the small size. The medium and large size are specified with the number of stitches in parentheses following the stitch instructions in the format: (Medium, Large).

If you would like to lengthen the sweater, add rows to the bottom edging/ribbing.

To make the sweater wider, add additional sc to the left and right edges of the front side, and vertical repeats to the backside.

Gauge
Single crochet: 10 sc across = 2.25 inches wide, 10 sc rows =2.5 inches high.
Width of a vertical repeat on the back side of the sweater (including one post-stitch and 6 dc) = 1.50 inches.

Abbreviations and terminology
Single Crochet (sc*) (moves right to left)*

Double Crochet (dc)

Treble Crochet (tc)

Sc joining stitch and dc joining stitch: Insert hook in next stitch, yarn over, and pull through, insert hook in next stitch, yarn over, and pull through, yarn over, pull the first loop under the second, and discard 1 loop, yarn over, pull the first loop under the second and third and discard 2 loops.

Reverse sc (in the round, moves left to right): Insert hook in gap to the right of the chain, yarn over, and pull through, yarn over, pull the first loop under the second, and discard 1 loop, yarn over, pull the first loop under the second and third and discard 2 loops.

Double Crochet Front Post-Stitch (FPS): Yarn over, insert hook around next stitch (insert from front to back, and then back to front), yarn over, and pull through, yarn over, pull the first loop under the second, and discard 1 loop, yarn over, pull the first loop under the second and third and discard 2 loops, yarn over, pull the first loop under the second and third and discard 2 loops

Double Crochet Back Post-Stitch (BPS): Yarn over, insert hook around next stitch (insert from back to front, and then front to back), yarn over, and pull through, yarn over, pull the first loop under the second, and discard 1 loop, yarn over, pull the first loop under the second and third and discard 2 loops, yarn over, pull the first loop under the second and third and discard 2 loops

Triple Crochet Front Post-Stitch (TFPS): Yarn over twice, insert hook around stitch (insert from front to back, and then back to front), yarn over, and pull through, yarn over, pull the first loop under the second, and discard 1 loop, yarn over, pull the first loop under the second and third and discard 2 loops, yarn over, pull the first loop under the second and third and discard 2 loops, yarn over, pull the first loop under the second and third and discard 2 loops.

Triple Crochet Back Post-Stitch (TBPS): Yarn over twice, insert hook around stitch (insert from back to front, and then front to back), yarn over, and pull through, yarn over, pull the first loop under the second, and discard 1 loop, yarn over, pull the first loop under the

second and third and discard 2 loops, yarn over, pull the first loop under the second and third and discard 2 loops, yarn over, pull the first loop under the second and third and discard 2 loops.

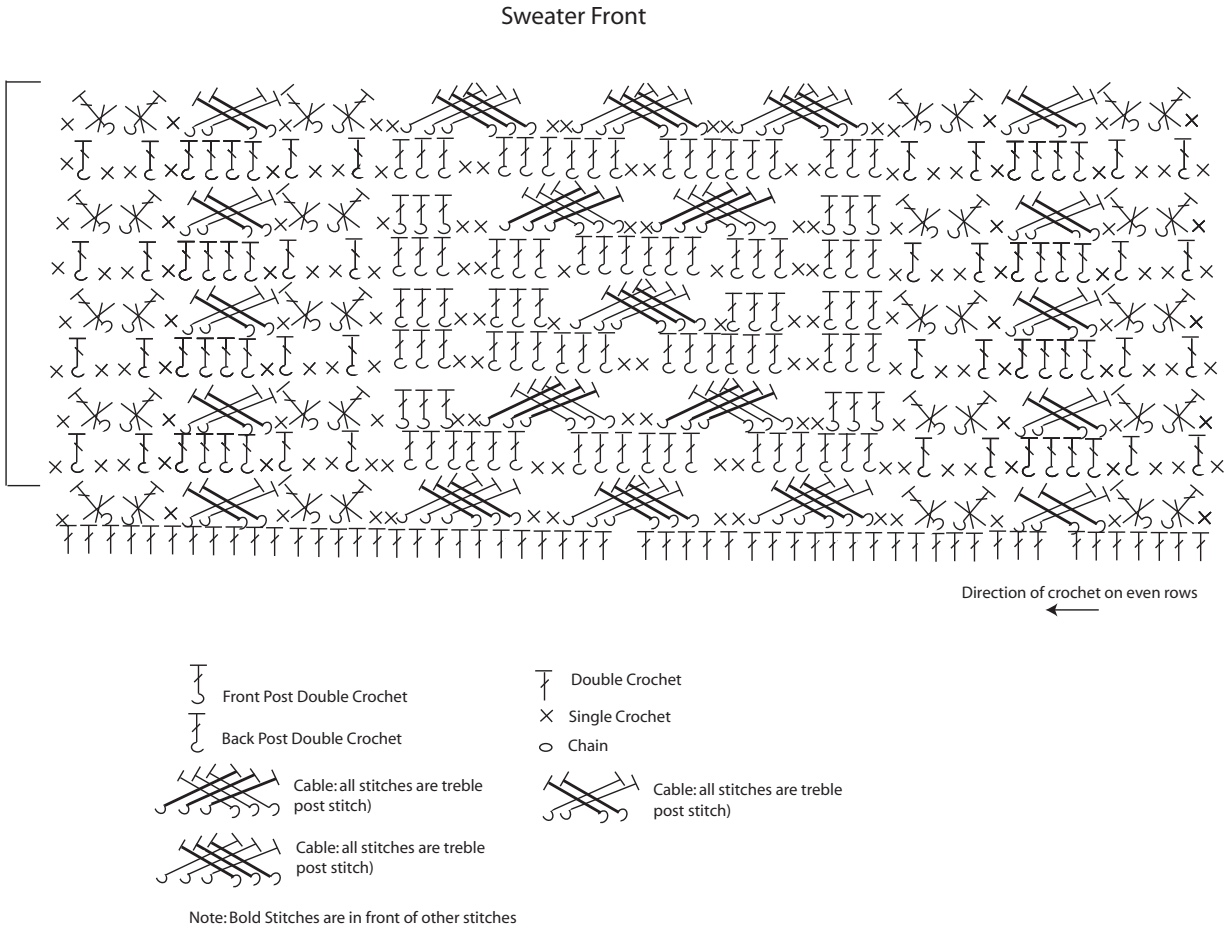
Cable Stitch 1 (CS1): Skip two stitches, TFPS in the next two stitches, TFPS in the skipped stitches (make sure to work the skipped TFPS in front of the previous two TFPS stitches)

Braid Stitch 1 (BS1): Skip three post stitches, TFPS in the next three post stitches, triple crochet front post-stitch (TFPS) in the skipped post stitches (make sure to work the skipped TFPS, in front of the previous three TFPS stitches)

Braid Stitch 2 (BS2): Skip three post stitches, TFPS in the next three post stitches, triple crochet front post-stitch (TFPS) in the skipped post stitches (make sure to work the skipped TFPS, in behind of the previous three TFPS stitches)

Sweater Pattern:

Sweater front diagram:



Note: This diagram is of the central cable pattern on the front of the sweater. On each side of the cable pattern add 18 sc for small, 22 sc for medium, and 27 sc for large. Repeat the bracketed section (row 3-10) four times for small, medium, and large. After finishing the repeat of the central cables, and sides, continue the left side of 18 (22, 27) stitches for 32 (32, 32) rows. Tie off. Reattach to the right side and continue the right side of 18 (22, 27) stitches for 32 (32, 32) rows. Tie off.

Sweater front written instructions:

Row 1: Chain 95 (103, 113) including starting loop, dc in forth chain from hook, and dc across (92 dc (100, 110), 1 chain)

Row 2: Chain 3, turn, sc in first gap between stitches, sc 18 times (22, 27), {[skip a stitch, TFPS in next stitch, sc in skipped stitch, skip a gap between stitches, sc in next gap, work TFPS in skipped stitch]. Sc in next gap. Work CS1 in next four stitches, skip gap after CS1, sc in next gap. Work [ ] and then a sc in the next gap}, sc again. Work BS1, sc, sc, BS1, sc, sc, BS1, sc, sc. Work { }. Sc 18 times (22, 27). Chain 3.

Row 3: Turn, sc in first gap between stitches, sc 18 times (22, 27), [BPS, sc, sc, BPS, sc, BPS, BPS, BPS, BPS, sc, BPS, sc, sc, BPS, sc], sc, BPS, BPS, BPS, BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, BPS, BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, BPS, BPS, BPS, sc, sc. Repeat [ ]. Sc 18 times (22, 27). Chain 3.

Row 4: Turn, sc in first gap between stitches, sc 18 times (22, 27), {[skip a stitch, TFPS in next stitch, sc in skipped stitch, skip a gap between stitches, sc in next gap, work TFPS in skipped stitch]. Sc in next gap. Work CS1 in next four stitches, skip gap after CS1, sc in next gap. Work [ ] and then a sc in the next gap}, skip the next sc, FPS, FPS, FPS, sc twice in the next gap. Work BS2, sc twice in the next gap, BS2, sc twice in the next gap, FPS, FPS, FPS. Skip a sc, and sc in the next sc. Repeat { }. Sc 18 times (22, 27). Chain 3.

Row 5: Turn, sc in first gap between stitches, sc 18 times (22, 27), [BPS, sc, sc, BPS, sc, BPS, BPS, BPS, BPS, sc, BPS, sc, sc, BPS, sc], BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, sc. Repeat [ ]. Sc 18 times (22, 27). Chain 3.

Row 6: Turn, sc in first gap between stitches, sc 18 times (22, 27), {[skip a stitch, TFPS in next stitch, sc in skipped stitch, skip a gap between stitches, sc in next gap, work TFPS in skipped stitch]. Sc in next gap. Work CS1 in next four stitches, skip gap after CS1, sc in next gap. Work [ ] and then a sc in the next gap}. Next work: FPS, FPS, FPS, sc, sc, FPS, FPS, FPS, sc, BS1, sc, FPS, FPS, FPS, sc, sc, FPS, FPS, FPS, sc. Repeat { }. Sc 18 times (22, 27). Chain 3.

Row 7: Turn, sc in first gap between stitches, sc 18 times (22, 27), [BPS, sc, sc, BPS, sc, BPS, BPS, BPS, BPS, sc, BPS, sc, sc, BPS, sc], BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, sc, BPS, BPS, BPS, BPS, BPS, BPS, sc, BPS, BPS, BPS, sc, sc, BPS, BPS, BPS, sc. Repeat [ ]. Sc 18 times (22, 27). Chain 3.

Row 8: Repeat row 4

Row 9: Repeat row 5

Row 10: Repeat row 2

Row 11- Row 42: Repeat row 3 – 10 four times

Sweater front neck shaping:
After finishing the repeat of the central cables, and sides, continue the left side of 18 (22, 27) sc stitches for 32 (32, 32) rows. Tie off. Reattach to the right side and continue the right side of 18 (22, 27) stitches for 32 (32, 32) rows. Tie off.

Sweater Back:
Row 1: Chain 83 (90, 104) including starting loop, dc in forth chain from hook, and dc across (80 dc (87, 101), 1 chain)

Row 2: Dc in each of the next three gaps, [FPS, skip next gap, dc in each of the next 6 gaps], repeat [ ] 10 (11, 13) times, chain 3

Row 3: Dc in each of the next six gaps, [BPS, skip next gap, dc in each of the next 6 gaps], repeat [ ] 9 (10, 12) times, BPS, dc four times chain 3

Row 4 - Row 45: Repeat row 2 and 3 at total of 21 times

Sweater Back Neck shaping:
Right side:
Row 46: Turn, dc in each of the next three gaps, FPS, skip next gap, [dc in each of the next 6 gaps, FPS]. Repeat the [ ] 0 times (0, 1). Dc five times, dc joining stitch. Chain 3.

Row 47: Turn, dc joining stitch, dc 4 times, [FPS, skip next gap, dc in each of the next 6 gaps]. Repeat the [ ] 0 times (0, 1). FPS, dc in each of the next three gaps, chain 3.

Row 48: Turn, dc in each of the next three gaps, [FPS, skip next gap, dc in each of the next 6 gaps]. Repeat the [ ] 0 times (0, 1). FPS, dc three times, dc joining stitch. Chain 3.

Row 49: Turn, dc joining stitch, dc 2 times, [FPS, skip next gap, dc in each of the next 6 gaps]. Repeat the [ ] 0 times (0, 1). FPS, dc in each of the next three gaps, chain 3.

Row 50: Turn, dc in each of the next three gaps, [FPS, skip next gap, dc in each of the next 6 gaps]. Repeat the [ ] 0 times (0, 1). FPS, dc two times, dc joining stitch. Chain 3.

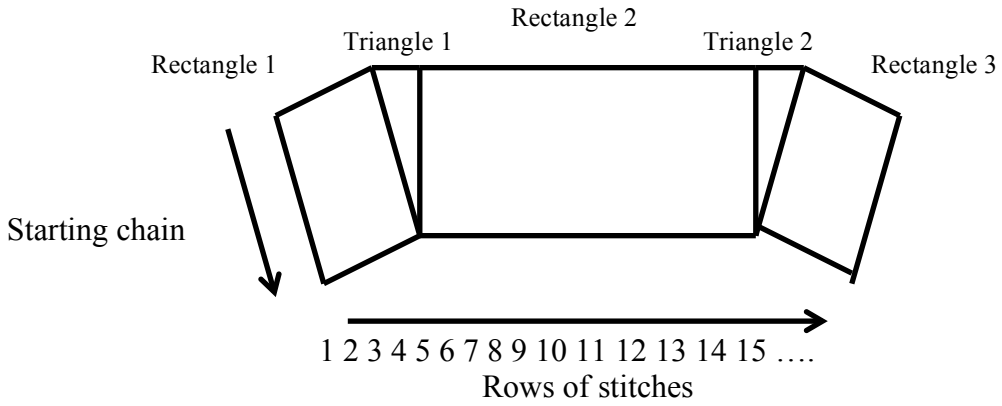
Row 51: Turn, dc joining stitch, dc, [FPS, skip next gap, dc in each of the next 6 gaps] Repeat the [ ] 0 times (0, 1). FPS, dc in each of the next three gaps, chain 3.

Reattach yarn to the left side 18 (18, 25) stitches in and repeat row 46 – row 51. Tie off. For the neck shaping on the left side, make sure you work the instructions for each row (of the right side neck shaping) from the end of the instructions to the beginning. For example row 46, work the stitches in the following order: Chain 3, dc joining stitch, dc three times, [FPS, dc in each of the next 6 gaps], Repeat the [ ] 0 times (0, 1), FPS, skip next gap, dc in each of the next five gaps (note: odd rows end in 5 dc on the left side). Basically the left side is just the mirror image of the right side.

Front and back joining.
Place the sweater and front and back against each other with the fronts facing. Align the sides, top and bottom. Cut a piece of yarn and thread the tapestry needle. Tie a knot at the end of the yarn and sew up the side of the sweater (bottom to top) (or use a crochet join). Leave about 7.25 inches at the top open for the armholes. Repeat on the opposite side. Using another piece of yarn sew up and tie off each of the tops (shoulders) of the two sweater sides.

Sweater Edging:
Shawl Collar:
The key to a good shawl collar is making the outer edge longer than the inner edge, thus allowing it to fold over. We will accomplish this with rectangles and triangles of stitches (see diagram below) worked in one continuous piece.

Shawl Collar Diagram:



Complete row 1 through 99 below and then attach to the inner edge of the collar (the shorter side, or bottom edge in the diagram above) with a crochet join or simple slip stitch to the sweater. I recommend turning the sweater inside out and aligning the edge of the shawl collar with the sweater collar, and then crocheting a single crochet along this edge. With either joining stitch you will make an entire circle and then overlap the beginning edge by 5 stitches (*i.e.* take the left and right vertical edges of the diagram above, bring them together, and overlap them by 5 stitches, making a circle)

Note: The shawl collar is the same for all three sizes, as the neck collar size is the same.

Row 1: Chain 35 (including starting loop), dc in fourth chain from the hook and across (32 dc, 1 chain).

Row 2: Chain 3, turn, dc across.

Row 3- Row 18: For each row, repeat row 2.

Row 19 (beginning of first triangle region in diagram above): Chain 4, turn, work 8 tc, 6 dc, 7 sc. Note: this should leave 11 dc without stitches in this row. Unlike the diagram, the triangle does not extend all the way to the edge, but rather is about ¾ the distance into the row (picture below).



Row 20: Chain 2, turn, skip the first gap, work 6 sc, 6 dc, 8 tc.

Row 21: Chain 4, turn, 8 tc, 6 dc, 6 sc.

Row 22: Chain 2, turn, skip the first two gaps, work 4 sc, 6 dc, 8 tc.

Row 23: Chain 4, turn, 8 tc, 6 dc, 5 sc.

Row 24: Chain 2, turn, skip the first two gaps, work 3 sc, 5 dc, 8 tc.

Row 25 – Row 75 (second rectangle region in diagram above): For each row, repeat row 2.

Row 76 – Row 81 (second triangle region in diagram above): Repeat row 19 - row 24. Make sure row 76 starts on the side of the fabric with the widest part of triangle 1. The beginning of row 76 is taller than the end of the row, so you want these taller stitches (which are going to be the wider part of the triangle), to be on the same side of the fabric as the wider part of triangle 1. If you are not on the right side of the fabric, add a row and then begin row 76.

Row 82 – Row 99 (third rectangle region in diagram above): For each row, repeat row 2.

Note: Make sure that both of your triangles are wider on the same side of the fabric, this makes one edge longer than the other edge, forming a semi-circle.

Bottom edging:
Round 1: Join yarn at the bottom of the sweater. Chain 3, dc evenly around the bottom of the sweater. Slip stitch with the chain.
Round 2: Chain 3, moving in the same direction as round 1, [FPS, BPS] repeat around the sweater, end with a FPS (the chain represents a BPS). Slip stitch with chain.
Round 3 – 13: Repeat Round 2 eleven times or until the border is the desired length. Tie off.

Sleeves:
Perform round 1 – 5 on each armhole to make the sleeves.

Round 1: Join yarn at the bottom of the armhole. Chain 3, skip a hole, [5 dc in the next gap (shell), skip a gap, sc, skip a gap]. Repeat [ ] around the arm hole. Slip stitch with original chain.
Round 2: Chain 3, turn, 5 dc in the first gap (shell), [sc in the third dc of the shell in the previous row, 5 dc in the sc between two shells in the previous row]. Repeat [ ] around the armhole. Sc in the third dc of the shell in the previous row and slip stitch with starting shell.
Round 3: Chain 3, turn, [sc in the third dc of the shell in the previous row, 5 dc in the sc between two shells in the previous row]. Repeat [ ] around the armhole. Slip stitch with starting
Round 4: Repeat row 2.
Round 5: Repeat row 3. Tie off.

Weave in any loose ends.